

THE HOLY ROSARY

Sanctissimum Rosarium

Latin and English, with All Four Mysteries

“The Rosary is the weapon for these times.”

— St. Pio of Pietrelcina

How to Pray the Rosary

1. Begin with the Sign of the Cross, then pray the Apostles' Creed on the crucifix.
2. Pray the Our Father on the first large bead.
3. Pray three Hail Marys on the three small beads (for an increase of Faith, Hope, and Charity).
4. Pray the Glory Be.
5. Announce the First Mystery, then pray the Our Father.
6. Pray ten Hail Marys (a “decade”) while meditating on the Mystery.
7. Pray the Glory Be, followed by the Fatima Prayer.
8. Repeat steps 5–7 for the remaining four Mysteries.
9. Conclude with the Hail, Holy Queen and the Sign of the Cross.

The Prayers

Sign of the Cross / Signum Crucis

Latin	English
<i>In nomine Patris, et Filii, et Spiritus Sancti. Amen.</i>	In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Apostles' Creed / Symbolum Apostolorum

Latin	English
<i>Credo in Deum, Patrem omnipotentem, Creatorem caeli et terrae.</i>	I believe in God, the Father almighty, Creator of heaven and earth.
<i>Et in Iesum Christum, Filium eius unicum, Dominum nostrum: qui conceptus est de Spiritu Sancto, natus ex Maria Virgine, passus sub Pontio Pilato, crucifixus, mortuus, et sepultus: descendit ad inferos; tertia die resurrexit a mortuis; ascendit ad caelos; sedet ad dexteram Dei Patris omnipotentis: inde venturus est iudicare vivos et mortuos.</i>	And in Jesus Christ, his only Son, our Lord: who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven; he is seated at the right hand of God the Father almighty: from there he will come to judge the living and the dead.
<i>Credo in Spiritum Sanctum, sanctam Ecclesiam catholicam, sanctorum communionem, remissionem peccatorum, carnis resurrectionem, vitam aeternam. Amen.</i>	I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father / Pater Noster

Latin	English
<i>Pater noster, qui es in caelis, sanctificetur nomen tuum. Adveniat regnum tuum. Fiat voluntas tua, sicut in caelo et in terra.</i>	Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven.
<i>Panem nostrum quotidianum da nobis hodie, et dimitte nobis debita nostra, sicut et nos dimittimus debitoribus nostris.</i>	Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us.
<i>Et ne nos inducas in tentationem, sed libera nos a malo. Amen.</i>	And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary / Ave Maria

Latin	English
<i>Ave Maria, gratia plena, Dominus tecum. Benedicta tu in mulieribus, et benedictus fructus</i>	Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the

<i>Latin</i>	<i>English</i>
<i>ventris tui, Iesus.</i> <i>Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc et in hora mortis nostrae. Amen.</i>	fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be / Gloria Patri

<i>Latin</i>	<i>English</i>
<i>Gloria Patri, et Filio, et Spiritui Sancto.</i> <i>Sicut erat in principio, et nunc, et semper, et in saecula saeculorum. Amen.</i>	Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer / Oratio Fatimae

<i>Latin</i>	<i>English</i>
<i>Domine Iesu, dimitte nobis debita nostra, libera nos a poenis inferni, conduc in caelum omnes animas, praesertim eas, quae misericordiae tuae maxime indigent.</i>	O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those most in need of thy mercy.

Hail, Holy Queen / Salve Regina

<i>Latin</i>	<i>English</i>
<i>Salve, Regina, Mater misericordiae, vita, dulcedo, et spes nostra, salve. Ad te clamamus, exsules filii Hevae. Ad te suspiramus, gementes et flentes in hac lacrimarum valle.</i> <i>Eia ergo, advocata nostra, illos tuos misericordes oculos ad nos converte. Et Iesum, benedictum fructum ventris tui, nobis post hoc exsilium ostende.</i> <i>O clemens, O pia, O dulcis Virgo Maria.</i>	Hail, holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Closing Versicle

<i>Latin</i>	<i>English</i>
<i>V. Ora pro nobis, sancta Dei Genetrix.</i> <i>R. Ut digni efficiamur promissionibus Christi.</i>	V. Pray for us, O holy Mother of God. R. That we may be made worthy of the promises of Christ.

The Mysteries of the Rosary

Traditionally: Joyful (Monday, Saturday), Sorrowful (Tuesday, Friday), Glorious (Wednesday, Sunday), and Luminous (Thursday).

The Joyful Mysteries — *Mysteria Gaudiosa*

1. The Annunciation — *Annuntiatio*

Fruit of the Mystery: Humility

2. The Visitation — *Visitatio*

Fruit of the Mystery: Love of Neighbor

3. The Nativity — *Nativitas*

Fruit of the Mystery: Poverty of Spirit / Detachment

4. The Presentation in the Temple — *Praesentatio*

Fruit of the Mystery: Purity and Obedience

5. The Finding of Jesus in the Temple — *Inventio Iesu in Templo*

Fruit of the Mystery: Piety / Joy in Finding Jesus

The Sorrowful Mysteries — *Mysteria Dolorosa*

1. The Agony in the Garden — *Agonia in Horto*

Fruit of the Mystery: Sorrow for Sin / Contrition

2. The Scourging at the Pillar — *Flagellatio*

Fruit of the Mystery: Purity / Mortification

3. The Crowning with Thorns — *Coronatio Spinis*

Fruit of the Mystery: Moral Courage

4. The Carrying of the Cross — *Baiulatio Crucis*

Fruit of the Mystery: Patience

5. The Crucifixion — *Crucifixio*

Fruit of the Mystery: Salvation / Perseverance

The Glorious Mysteries — *Mysteria Gloriosa*

1. The Resurrection — *Resurrectio*

Fruit of the Mystery: Faith

2. The Ascension — *Ascensio*

Fruit of the Mystery: Hope / Desire for Heaven

3. The Descent of the Holy Spirit — *Descensus Spiritus Sancti*

Fruit of the Mystery: Wisdom and Love of God

4. The Assumption of Mary — *Assumptio*

Fruit of the Mystery: Grace of a Happy Death

5. The Coronation of Mary — *Coronatio*

Fruit of the Mystery: Trust in Mary's Intercession

The Luminous Mysteries — *Mysteria Luminosa*

1. The Baptism in the Jordan — *Baptismus in Iordane*

Fruit of the Mystery: Openness to the Holy Spirit

2. The Wedding at Cana — *Nuptiae in Cana*

Fruit of the Mystery: Trust in Christ's Intercession

3. The Proclamation of the Kingdom — *Proclamatio Regni*

Fruit of the Mystery: Repentance and Trust in God

4. The Transfiguration — *Transfiguratio*

Fruit of the Mystery: Desire for Holiness

5. The Institution of the Eucharist — *Institutio Eucharistiae*

Fruit of the Mystery: Eucharistic Adoration / Love